





CELL	YOUR TOWN/CITY ?					
-	-	ies. Mark your siz the finish-line befor		-	-	not guaranteed.
	s	M L	XL	2XL	3XL	]
	Acc Name Bank Branch Branch Code	FUNTRAX STANDARD BA VINCENT PAR 053 721	NK K	ENTRY	FEE	ENTRIES AFTER FRI 17th NOV R380
	Acc Number Ref	241 633 93: NAME & SURNA	1 \			( 1/360
I hereby confi any injury or d	are that mountain- rm that I will have damage to person		organizers, s out of any inc	ponsors, off ident relate	ficials, or lan d in any way	
SIGNATURE				DATE		

## **EVENT INFO PAGE** (Please keep this section of the entry form)

## **REGISTRATION:**

Collect your ride-bangle at Table 58 Brewing on Wednesday 22nd Nov, between 5pm and 7pm.

Alternatively, collect your ride-bangle at the start of the event from 5-30am.

Write an emergency contact number on your ride-bangle.

Parent or Guardian if under 18 years.

There are no goody-bags for this event.

**EVENT T-SHIRTS:** Shirts for the first 600 entries. Sizes not guaranteed.

Hand in your ride-bangle at the finish-line before 3pm to collect your shirt.

Shirts uncollected on the day will be sold, and proceeds donated to a charity.

**START:** 6am, Sat 25th Nov, Crossways Village, East Coast Resorts Road, East London.

**NOTE:** Participants under 18 years to be accompanied by parent/guardian throughout the ride.

Helmets compulsory. Bring spare tube, water-bottle and sunblock.

MEDICAL EMERGENCIES: Save the Red Alert number on your phone 043 703 4777

**WATERPOINTS:** There are many waterpoints on the route, and the last one closes at 2pm.

Average pace of 12km/hr is required to reach the waterpoints before they close.

FITNESS: Route is 70km with plenty hills, reasonable fitness is required. No support after 2-30pm

FINISH-LINE: Cash bar and lunch on sale at Kei Mouth Country Club.

**PRIZE GIVING:** Lucky-draw prize-giving at 3pm.

**RETURN TRANSPORT:** No official return transport by event organizers. **START LOCATION AND ROUTE CAN BE FOUND ON THE EVENT WEBSITE** 

www.k2k.co.za

**REFUNDS:** No refund if you are unable to take part, or finish, on the day.

No refund should the event be cancelled, but your entry will remain valid for the next K2K

 ${\it NOTIFICATIONS: Only on the K2K Facebook page, entrants will not be contacted individually.}$ 

GENERAL EVENT ENQUIRIES: Mark 082 440 8840 or email funtrax@mweb.co.za